

Advent RETREAT

December 1-2
at Chanco on the James

PREPARING FOR THE HOLY ONE THROUGH RULE OF LIFE

One of our Bishop's five initiatives is to deepen our spiritual life and relationship with God through a Rule of Life. A Rule of Life is a set of disciplines, or framework, that we turn to daily in order to allow ourselves to cooperate with the Holy Spirit and be drawn more deeply into the heart of God. Advent marks a time of preparing for the Christ child. As we begin Advent, we can either tweak disciplines that we already have in place or fashion new ones in order to solidify our Rule of Life. During this Advent retreat, Bishop Susan Haynes, assisted by her staff Canons Roy Hoffman, Willis Foster, and Lynn Farlin, will lead participants through listening, reflecting, prayer, and fellowship in the presence of God to create a personal Rule of Life. Beginning with dinner on Friday night, we will gather for times of teaching, reflection, worship, and silence. We will be supported by the Chanco staff who will be providing times of nourishment for our bodies (delicious meals by Chef Stephone), times for fellowship, including s'mores by the fireplace or campfire (depending on the weather), and times simply to enjoy the natural environment God has created. We will end our time by 3 p.m. on Saturday. Please join us to develop your own Rule of Life as we prepare for the coming of Christ. Learn more and register at chanco.org/event/advent-2023

394 FLOODS DRIVE | SPRING GROVE, VA 23881 | CHANCO.ORG | (888) 724-2626

